



HEALTHY INDIA ALLIANCE

for prevention and control of NCDs

Recommendations from the Regional Community Dialogues with people living with NCDs
(organised by Healthy India Alliance-India NCD Alliance in 2020)

Region	Recommendations
<p>Northern</p>	<ol style="list-style-type: none"> 1. PLWNCDs have to be a part of decision making. Real experience is essential along with key inputs from Policy makers because patients and caregivers are the ones who know how to navigate the health system. 2. UHC should be inclusive and cover a wide range of services including those not directly related to health. Workplace policies, access to facilities (disabled friendly) assistive devices, transport etc. good behavior should be incentivized. 3. NCDs should be considered from the lens of an Integrated Care Continuum pathway that includes Palliative Care. PLWNCD's journeys and touchpoints should be identified and used as a guidance to manage the disease spectrums, instead of isolated fragmented care. 4. People Centered Care needs team work and a robust referral pathways. Screening at primary care for all at risk and strong counselling services for mitigating mental health issues is very essential.
<p>Southern</p>	<ol style="list-style-type: none"> 1. Availability and affordability of essential medicines to avoid disruption in services. 2. Universal Health Coverage to provide financial risk protection to each and every citizen and until that happens stricter policies for making private

	<p>health insurance plans people centered and inclusive.</p> <ol style="list-style-type: none"> 3. Making clear SOPs available for PLWNCDs and health care professionals during times such as COVID-19; demystifying telemedicine to reach all vulnerable groups and conditions/diseases; COVID free health care centres to provide NCD management services. 4. Stricter monitoring and screening at Health and Wellness Centers (monthly screening targets)
Eastern	<ol style="list-style-type: none"> 1. Increase access to quality affordable and accessible medicines, treatment and right information by PLWNCDs including caregivers. 2. Decrease financial risks faced by PLWNCDs. 3. Workshops and capacity building of PLWNCDs (including caregivers) for NCD prevention, control and management. 4. Recognized role of CSOs and community groups for NCD prevention and control.
Western	<ol style="list-style-type: none"> 1. <i>Need to focus on NCD co-morbidities and to go beyond the bug five NCDs to include a broad spectrum of conditions/diseases while building resilient health systems and communities in the COVID-19 era.</i> 2. <i>Universal Health Coverage to cover each and every person living with an NCD, access to essential medicines and free health care services across SES groups. Need for stricter regulations on private health insurance companies to address issues such as “permanent exclusion” and selective NCD coverage.</i> 3. <i>Important role of Health and Wellness Centres: to cover vulnerable and hard-to reach populations.</i> 4. Coordination between departments & multi sectoral action for facilitating access to health care services during national lockdown.